

THE IRON BRIEFING



JULY 2022

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

— **Galatians 5:1**

Let's live as men who have been set free from slavery to sin and death.

THE ANDREW PRINCIPLE: WE'RE HALFWAY THERE!

As we are now over halfway through 2022, we wanted to remind you that we will again award an *Andrew of the Year* to the person who most embodies the Andrew Principle this year. Think about this... No man walked into Iron Forums on his own. Someone invited and encouraged him to visit. This is a vital part of the culture of our Iron Forums community; men being rescued from isolation. Who is God calling into this community that YOU might know? Let him know how Iron Forums sharpens you, and invite him to connect with your facilitator. You might just change his life!



Snellville member, Garrett Erath, with his wife Grace enjoying their 2021 Andrew of the Year award: 2 nights at the Ritz Carlton!

IRON FORUMS ADVISORS

Here to Serve YOU!



Virtual:

David Anderson
Ted Pattison

Alpharetta:

Chris Freiburg
Robert Hargreaves

Cobb:

David Faison
Lee Hartman

North Gwinnett:

Bruce Bray
David Doi
Tom Rhodes
Phillip Williams

Snellville:

Rob Briscoe
Rolando Hernandez
Rich Panner
David Rae

Sugarloaf:

Marc Carson
Keith Conley
Don McDaniel
Mike Pretiger
Jim Vaught

Iron Forums currently has 19 men serving as Advisors. Do you know who your local Forum Advisors are? Each of these men would love to pray with you and for you. They are also willing to invest time with you in between Forums to listen and offer wisdom and help in your personal, family and professional life. These men have years of experience walking with the Lord,

guiding their families and leading businesses, and they are eager to share with you from their own successes and failures.

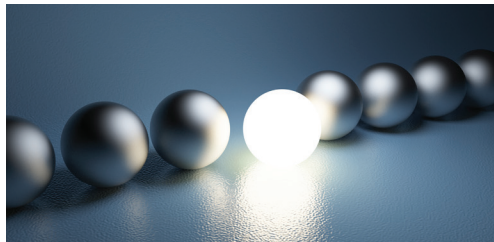
Find these men in the Member Directory on the website after you log in, see what their areas of expertise are, and reach out to connect anytime as the Spirit leads.

BOARD MEMBERS

MARC CARSON	404.406.5235	MJCHUNTER58@GMAIL.COM
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GARY SMITH	404.558.0089	GSMITH@IRONFORUMS.ORG
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MIKE TOWNSEND	404.281.0384	MTOWNSEND@MCMULLANCPAS.COM
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GWINNETT (SN, SL, NG)	BARRY LUSK	386.383.7679	BLUSK@IRONFORUMS.ORG
NORTHERN ALABAMA	ANDREW GREGG	256.302.2246	AGREGG@IRONFORUMS.ORG
VIRTUAL	BLAKE GODBEE	770.841.1866	BGODBEE@IRONFORUMS.ORG

EOS® TRACTION TIP**OPEN & HONEST PART 2:
LEAD WITH VULNERABILITY**

Last month we shared that Professional EOS Implementers® have two expectations for the sessions they facilitate with clients: that everyone is both **open**, and **honest**. Let's learn about "honest."

When people are honest, they are exercising two characteristics: 1) they humbly *value themselves* enough to state their own opinion and perspective, and 2) they are being *vulnerable with the team*.

As God's creation, we all matter and have value. To think too highly of ourselves is considered arrogance. To think too lowly of ourselves is also arrogance. Humility is accepting the value that God has of us equally. "People with humility don't think less of themselves, they just think of themselves less." — *Ken Blanchard*.

In his book, *The Five Dysfunctions of a Team*, Patrick Lencioni says "Great teams do not hold back from one another. They are unafraid to air their dirty laundry. They admit their mistakes, their weaknesses, and their concerns without fear of reprisal." Members of a team must feel safe enough to overcome their desire to protect themselves – and their fears. Leaders model this by being vulnerable first, and then creating a safe space for others to also be vulnerable. This fosters creativity, collaboration, and loyalty.

Being honest – humble and vulnerable – is a predominantly right brain function. It is relational, not logical. Being in joy and operating with the right brain "on" will help you create the right environment for others to be honest.

Let's talk about how to operate full-brained with your team: **Brent Stromwall**
brent.stromwall@eosworldwide.com

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MEMBER SPOTLIGHT: YVENER LIBERAL

Wife: Matilia Liberal

Years Married: 15

Children (combined):

Elthony (22), Dylan (15), Taylor (12)

Church: New Mercies Christian

Forum: Snellville

What is the focus of your business?

Emsite Health Direct Primary Care (DPC) offers a simplified solution to medical care, including options for business health care. We understand that getting affordable medical care in a timely manner from providers that actually know your name under the traditional healthcare model can be almost impossible. Emsite doesn't follow the traditional model. Instead, to improve health outcomes, we utilize a revolutionary model called direct primary care. We even offer business healthcare solutions that are affordable for any sized company! We want to help your family and employees stay healthy. We offer preventive, urgent, and chronic medical care services at an affordable membership price.

Who invited you to Iron Forums (who was your Andrew)?

A friend of mine, Garrett Erath.

What is your favorite part of the Iron Forums Snapshot™?

I think the greatest thing about the Snapshot is the ability to track my progress, hold myself accountable and



also involve my wife in the monthly activity. It's really great to be able to share the pain and the triumphs with my brothers without judgment and know that they're going to support me with love and honesty.

How has Iron Forums improved your life?

Iron Forums has been such a blessing to me and my family. It has helped me through some tough times. My relationships with my family, friends, and most of all the Lord have grown exponentially. I can attribute so much to Iron Forums, but the fellowship, friends, and relationships have been the most impactful in my life.

**GET THE MOST OUT OF IRON FORUMS
DON'T MISS THESE OPPORTUNITIES**

Lifework Atlanta
Oct. 22 - May 23



Iron Conference
September 16 - 18



NEW HYPE VIDEO
Share it Out Anytime!