

Loads and Burdens



SUMMARY

We are each gifted with different talents and are called to serve in various capacities with increasing levels of responsibility. This is true in life and in business. There is so much to do — especially as a business owner! When you are in a position of leadership in your family and an organization it's easy to get overwhelmed. In addition to managing our own workload, we often inherit the load of others, particularly the ones we “care about.” It could be a peer in business, an employee, a partner, your spouse, or your children. These people share their need, and we gladly accept it; but, are we really doing good, and caring for these people in the eyes of God when we take over their loads or burdens? What about our own needs? What happens if we become overburdened and don't ask for help.

Today we're going to discuss this idea of LOADS vs. BURDENS. We'll share a short video by North Star Training Solutions CEO Miles Welch that delves into this subject, and then discuss the four principles he brings out afterwards. You may be surprised at how you look at your responsibility!

SCRIPTURE

Carry each other's burdens, and in this way you will fulfill the law of Christ. If anyone thinks he is something when he is nothing, he deceives himself. Each one should test his own actions. Then he can take pride in himself, without comparing himself to somebody else, for each one should carry his own load.

— Galatians 6:2-6

DISCUSSION POINTS:

1. Love carries other people's BURDENS. (Key Word: Available)
2. Love carries its own LOAD. (Key Word: Responsible)
3. Love does NOT carry other people's LOAD. (Key Word: Enable)
4. Love does NOT carry its BURDEN alone. (Key Word: Vulnerable)

QUESTIONS:

1. What's the difference between a LOAD and a BURDEN?
2. Share an example when you have ended up carrying somebody else's load.
3. Share an example when you have refused to ask or allow somebody else to help you with a burden.
4. What are the consequences of failing on one or all of these principles?