

The Power of Attitude

SUMMARY

Our attitude from the moment we awake, until we place our head on the pillow, has a tremendous impact on our lives. It affects our decisions throughout the day, in our businesses and in our lives. The Good News is that we have the power to do a RESET on it with the Holy Spirit on our side. In this Iron Forums module, Dr. John Hull, pastor of Eastside Baptist Church shares some insights and helpful tips based on Scripture to control our attitude.

NOTES FROM THE VIDEO

“For as a man thinks in his heart, so is he.” — Proverbs 23:7

Attitude can be our best friend or our worst enemy.

5 Rules for Evaluating People for a Promotion:

- Ambition
- Attitudes towards company
- Attitudes towards colleagues
- Leadership Skills
- Attitudes under pressure

The roots are inward but the fruit is outward.

Words in your office that communicate bitterness are rooted in bitterness within the heart and the mind of the person expressing them.

Attitude either draws people to us or repels people from us.

Three Realities Regarding Attitudes:

1. *Your attitude is a choice.* (Deuteronomy 30:19)

List of Ways to Get out of the Rut:

1. Believe it is not what happens TO you, but what happens IN you that matters most.
2. Stop blaming something or someone else for YOUR attitude.
3. Evaluate your present attitudes.
4. Recognize that faith is stronger than fear.
5. Request that God fill you with His Holy Spirit.
6. Uncover and write out a statement of purpose.
7. Enlist the help of an accountability partner.
8. Spend time with the right people.
9. Select a model to follow.
10. Consume the truth. Soak yourself in the Scriptures.

2. *Attitude has the power to build up or tear down a team.*
(Mark 9:23)

3. *Bad attitudes compound faster than good attitudes.*

The nature of sin.

(page 2)

SCRIPTURES

This day I call Heaven and earth as a witness against you that I have set before you life and death. I've set before you blessings and curses. Now choose life, so that you and your children may live.

— Deuteronomy 30:19

The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of his heart where the evil is stored up in his heart, for out of the overflow of his heart, his mouth speaks.

— Luke 6:46

In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross!

— Philippians 2:5-8

QUESTIONS FOR TABLE DISCUSSION:

1. Have you ever had an employee or even a partner with a negative attitude like John describes in your company? How did you address it, and how did things change?
2. How do you handle situations that don't go your way, and yet still speak and act among employees, vendors and your family as the leader God has called you to be?
3. Take an initial look at John's Questions:
 - a. List your top 3 attitude problems within your organization
 - b. Why do those attitudes exist?
 - c. How deeply are these attitudes entrenched in your organization
 - d. Could the attitude problem caused by you?
(if so, you know where to start to fix the problem!)

A Few Notes about Dr. John Hull

John is currently the Lead Pastor at Eastside Baptist Church, and shares insights based on more than 34 years of corporate and ministry leadership experience. This leadership includes developing one of the world's largest leadership growth and development organizations, EQUIP, running a fund raising company, and speaking to thousands of people annually in both the faith-based and corporate arenas. Presently John speaks to millions weekly as host and producer of "100 Huntley Street."

John has served as senior pastor for church congregations in the U.S and Canada, including the Peoples Church of Toronto, and has been the featured speaker at numerous conferences, churches and global outreach events on six continents. You can contact him at jhull@ebenet.org.